## RESEARCH ARTICLE

## **Magnetic Resonance in Medicine**

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# B1-MRF: Large dynamic range MRF-based absolute $B_1^+$ mapping in the human body at 7T

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#### **Abstract**

**Purpose:** This study aims to map the transmit magnetic field  $(B_1^+)$  in the human body at 7T using MR fingerprinting (MRF), with a focus on achieving high accuracy and precision across a large dynamic range, particularly at low flip angles (FAs).

**Methods:** A FLASH-based MRF sequence (B1-MRF) with high  $B_1^+$  sensitivity was developed. Phantom and in vivo abdominal imaging were performed at 7T, and the results were compared with established reference methods, including a slow but precise preparation-based method (PEX), saturated TurboFLASH (satTFL), actual flip angle imaging (AFI) and Bloch-Siegert shift (BSS).

**Results:** The MRF signal curve was highly sensitive to  $B_1^+$ , while  $T_1$  sensitivity was comparatively low. The phantom experiment showed good agreement of  $B_1^+$  to PEX for a  $T_1$  range of 204–1691 ms evaluated at FAs from 0° to 70°. Compared to the references, a dynamic range increase larger than a factor of two was determined experimentally. In vivo liver scans showed a strong correlation between B1-MRF, satTFL, and RPE-AFI in a low body mass index (BMI) subject (18.1 kg/m<sup>2</sup>). However, in larger BMI subjects (≥25.5 kg/m<sup>2</sup>), inconsistencies were observed in low  $B_1^+$  regions for satTFL and RPE-AFI, while B1-MRF still provided consistent results in these regions.

**Conclusion:** B1-MRF provides accurate and precise  $B_1^+$  maps over a wide range of FAs, surpassing the capabilities of existing methods in the FA range  $< 60^{\circ}$ . Its enhanced sensitivity at low FAs is advantageous for various applications requiring precise  $B_1^+$  estimates, potentially advancing the frontiers of ultra-high field (UHF) body imaging at 7T and beyond.

### KEYWORDS

7 Tesla, B<sub>1</sub><sup>+</sup> mapping, body MRI, MRF, ultrahigh field MRI

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#### 1 | INTRODUCTION

Accurate and precise mapping of the transmit magnetic field  $(B_1^+)$  is essential for several MRI applications, including quantitative correction,  $^{1,2}$  safety validation, and parallel transmission (pTx). At ultra-high fields (UHF) of 7T and above, the  $B_1^+$ -field experiences constructive and destructive RF interference due to the reduced wavelength, resulting from an increased Lamor frequency. When targeting a large FOV, such as the human abdomen, a strong variability in  $B_1^+$  amplitude is observed, ranging from regions of high  $B_1^+$  amplitude to regions of low amplitude or even "drop-out areas." Mapping the  $B_1^+$ -field in the human abdomen over this large dynamic range is challenging.

Several techniques, including actual flip angle imaging (AFI),9 saturated TurboFLASH (satTFL),10 dual refocusing echo acquisition (DREAM),11 and Bloch-Siegert shift (BSS),  $^{12}$  have been developed for absolute  $B_1^+$ -field mapping and have been applied at UHF. While these methods provide accurate  $B_1^+$ -maps within a limited dynamic  $B_1^+$ range for regions such as the human head, 13 challenges arise in other areas, such as the abdomen. These challenges include RF power limitations, reduced efficiency of the transmit coils compared to the head, specific absorption rate (SAR) constraints, physiological motion, and larger FOVs resulting in extended acquisition times unsuitable for breath-hold protocols. 13-15 Moreover, the dynamic range of these techniques is limited due to a decreased accuracy at flip angles (FAs) below 20°. 13,14 Decreased accuracy at low FAs is an issue for precise  $B_1^+$  mapping in the body at UHF, as increasing FAs to improve sensitivity is limited by RF power and SAR constraints.

An approach capable of encoding  $B_1^+$ , among other parameters of interest, is MR fingerprinting (MRF). 16 MRF is a quantitative MRI technique in which acquisition parameters (e.g., FA/TR) are varied to produce a specific signal response depending on the tissue properties of the scanned sample as well as the magnetic fields applied to obtain MRI signals. High undersampling factors are typically used, and the resulting signals are matched to simulations. In prior MRF studies, two approaches have emerged for estimating  $B_1^+$  to correct for its effect on relaxation parameters: (1) A separate  $B_1^+$  mapping scan is performed, and its values are then included in the fingerprint simulations. 17,18 This requires additional scan time, and noise from  $B_1^+$ -maps may propagate to the quantitative parameter maps.  $^{19,20}$  (2)  $B_1^+$  is included as a dimension in the fingerprint simulations, 19,21-25 eliminating the need for an additional scan. However, then the MRF sequence must be designed to be  $B_1^+$  sensitive.

The second approach allows direct quantification of  $B_1^+$  using the MRF framework and has been validated by

several studies where the main goal was an accurate estimation of relaxation parameters: Buonincontri and Sawiak's SSFP-based MRF sequence with abrupt FA changes at  $4.7T^{21}$  showed a 4.0% difference from the double angle method<sup>26</sup> for sinc pulses in a range of 0.5–1.5 times the nominal FA in a rat brain. When adapted for human head imaging at 7T,<sup>22</sup> this method aligned well qualitatively with BSS<sup>12</sup> for a phantom, although no quantitative values were provided. Körzdörfer et al.<sup>23</sup> integrated SSFP, FISP, and FLASH segments in a sequence for head and abdominal imaging at 3T, yielding good  $B_1^+$  agreement with a vendor-provided method<sup>27</sup> over a range of 0.8–1.2 times the nominal FA.

Cloos et al.<sup>19</sup> introduced the Plug-and-Play MRF sequence, combining FISP and FLASH with two  $B_1^+$  shims, which circumvents extensive  $B_1^+$  calibration at UHF. This method showed good agreement with satTFL<sup>10</sup> for phantoms at 3T in the range of ~2.5  $\mu$ T–6.5  $\mu$ T. Van Riel et al.<sup>25</sup> used a 3D radial-stack-of-stars FLASH sequence for abdominal imaging at 3T, demonstrating good  $B_1^+$  agreement with satTFL<sup>10</sup> in the range of 0.04  $\mu$ T/V–0.06  $\mu$ T/V for a phantom. Cloos et al.<sup>24</sup> further adapted the Plug-and-Play MRF sequence for in vivo abdominal T<sub>1</sub> and  $B_1^+$  mapping at 7T, but a comparative reference  $B_1^+$ -map was not provided in their preliminary study.

The aforementioned works indicate that MRF is a highly promising technique for accurate  $B_1^+$  mapping. However, there is currently no comprehensive study investigating the accuracy and precision and the dynamic range of mapping  $B_1^+$  using MRF and comparing it with reference methods in the body at 7T.

Therefore, the aim of this work is to fill this knowledge gap and to develop and evaluate an MRF sequence for accurate and precise mapping of  $B_1^+$  over a large dynamic range, termed B1-MRF. In contrast to previous MRF approaches, the goal of our work is to achieve accurate  $B_1^+$  estimation through high  $B_1^+$  sensitivity, while sensitivity to  $T_1$  and  $T_2$  should be low. To achieve this, we use a FLASH sequence without preparation pulses that includes  $B_1^+$ ,  $T_1$ , and only coarse  $T_2$  in the MRF dictionary. The dynamic  $B_1^+$  range is evaluated by considering the sensitivity of the MRF signal to  $B_1^+$  and performing phantom experiments over a wide  $B_1^+$  range. Comparison of B1-MRF with satTFL and AFI during a 7T abdominal scan shows better consistency in low FA regions for B1-MRF.

#### 2 | METHODS

#### 2.1 | B1-MRF sequence

A gradient echo-based MRF sequence with RF and gradient spoiling (FLASH) and radial readout based on

a previously developed sequence<sup>28</sup> was applied. While FLASH achieves high spoiling efficiency at low FA steady-state imaging, transient states, high FA, and short TRs cause signal deviations from the approximation<sup>29</sup> that are addressed here by including  $T_2$  sampling in the dictionary along with  $T_1$  and  $B_1^+$ . TE was kept fixed, and thus the  $T_2^*$  decay until readout results in a constant reduction of the signal in each time frame (TF). Similarly, chemical shift leads to a constant phase accumulation at readout for each TF. Together, these factors result in a complex scaling factor of the MRF signal curve that is matched independently of other parameters during MRF reconstruction.

The sequence employs 600 TFs, each corresponding to one TR interval, with a varying FA based on Jiang et al.'s pattern.<sup>30</sup> Diverging from previous methods, <sup>16,21,23,25,30</sup>

adiabatic inversion was excluded because the maximum  $B_1^+$  that would be required is above the amplifier limit. This minimizes  $T_1$  sensitivity and reduces SAR. The acquisition train with identical FA pattern is repeated subsequently to acquire multiple spokes of each TF. The repetition of the entire FA pattern is referred to as a cycle (CYC). To avoid pauses in between the cycles, the FA pattern is played out continuously. In this work, 5–13 CYCs have been used. One additional dummy CYC is played out prior to the first CYC to ensure identical magnetization at the start of each subsequent CYC.

B1-MRF acquisition parameters are listed in Table 1. An 84° quadratic RF spoil increment was used for better transient state spoiling,<sup>31</sup> and spoil gradients for an  $8\pi$ -dephasing across the slice were applied. A golden angle k-space readout increment of 111.25° was used in between

**TABLE 1** Acquisition parameters of phantom and in vivo studies with TR, TE, acquisition time (TA), FA, slice thickness, FOV, and pixel/voxel size, RF pulse, MRF cycles.

Phantom	B1-MRF	PEX	satTFL	AFI	BSS
TR/ms	4.4	6000	5000	20/100	553
TE/ms	2.2	2.7	2.42	1.85	14.0
TA	37 s	1 h 10 min 24 s	10s	6 min 12 s	1 min 11 s
Nominal FA $\alpha_{\rm max}^{\rm nom}$ or $\alpha^{\rm nom}/^{\circ}$	5, 7.5, 10, 15, 20, 30, 40, 50, 60, 70, 80		5, 8, 10, 15, 20, 30, 40, 50, 60, 80, 100, 120, 140, 160, 180	5, 8, 10, 15, 30, 40, 50, 60, 80, 100	5, 8, 10, 15, 20, 30, 40, 50, 60, 80 (250 μs rect pulse)
Reference voltage (1Tx)/V	60		60	60	60
Slice thickness/mm	5	5	5		5
FOV/mm <sup>2</sup> or mm <sup>3</sup>	512 × 512	$256 \times 128$	256×256	$128\times128\times240$	$128 \times 128$
Pixel/voxel size/mm <sup>2</sup> or mm <sup>3</sup>	$2\times2$	2×2	2×2	$2 \times 2 \times 5$	2×2
RF pulse type	Sinc $(TBW = 4)$	Rectangular	Rectangular	Rectangular	Fermi 8 kHz
RF pulse duration/ms	1	0.5	0.3	0.5	8
MRF cycles	13				

In vivo	B1-MRF	satTFL	RPE-AFI (3D)
TR/ms	4.4	5000	10/50
TE/ms	2.2	2.42	2.0
TA	16 s	10s	6 min 9 s
Nominal FA $\alpha_{\max}^{\text{nom}}$ or $\alpha^{\text{nom}}/^{\circ}$	60	180	80
Reference voltage (1Tx)/V	478	478	478
Slice thickness/mm	5	5	
FOV/mm <sup>2</sup> or mm <sup>3</sup>	512×512	$384 \times 264$	$320\times320\times256$
Pixel/voxel size/mm <sup>2</sup> or mm <sup>3</sup>	2×2	2×2	$4 \times 4 \times 4$
RF pulse type	Sinc $(TBW = 4)$	Rectangular	Rectangular
RF pulse duration/ms	1.3	1.0	0.5
MRF cycles	5		

two CYCs of the same TF (Figure 1). The golden angle increment was also used from the last CYC of one TF to the first CYC of the next TF. The readout angle  $\theta$  is then defined as  $\theta = (i_{\rm CYC} + i_{\rm TF} \cdot N_{\rm CYC}) \cdot 111.25^\circ$ , where  $i_{\rm CYC}/i_{\rm TF}$  denotes the index of the CYC/TF and  $N_{\rm CYC}$  is the total number of cycles.

## 2.2 | Dictionary calculation

The dictionary was generated using 1D-Bloch simulations with 1601 isochromats, covering four times the nominal slice thickness to account for slice profile and spoiling effects. 67 200 entries with unique combinations of  $B_1^+$ ,  $T_1$ , and  $T_2$  were included:  $B_1^+$  was included as a relative weighting factor applied to the nominal FA, ranging from 0.01 to 3.0 in 0.01 increments.  $T_1$  ranged from 50 ms to 3446 ms, with  $T_1$  increased successively by 8% relative to the previous value.  $T_2$  values of [60, 80, 120, 150]ms were included.

Two CYCs were used to create the dictionary. The first CYC (dummy cycle) was necessary to obtain the initial magnetization of the consecutive repetition. The signal from the second CYC was then stored in the dictionary as a fingerprint (Figure 1).<sup>32</sup> The dictionary entries were normalized to yield a sum of squared magnitude of 1.

## 2.3 | Image reconstruction

Acquired data of the same TF from different CYCs were binned together for image reconstruction (Figure 1). Thus, the number of spokes per TF is equal to the number of CYCs. A non-uniform fast Fourier transform was performed for each TF using finufft<sup>33,34</sup> in Python.

MRF dictionary matching was performed by calculating the dot product in between the signal curve of each pixel and all curves of the dictionary. The image was masked to exclude areas only containing noise. For the in vivo scan, image reconstruction took 61 s and brute force MRF matching took 0.7 s on our reconstruction server (2x Intel Xeon E5-2687W v4, 24 cores, 1 TB RAM, up to 30 GB RAM used during reconstruction). Each pixel was then assigned the  $B_1^+$ ,  $T_1$ , and  $T_2$  values that were used to create the dictionary entry with the maximum dot product. <sup>16</sup>

## 2.4 | Imaging experiments

Phantom and in vivo MR scans were performed on a 7T scanner (Magnetom 7T, Siemens Healthineers, Erlangen, Germany). For the phantom experiments, a commercial 1Tx/32Rx head coil (Nova Medical, Wilmington, MA, USA) was used. Here, only the 1Rx birdcage of the coil was

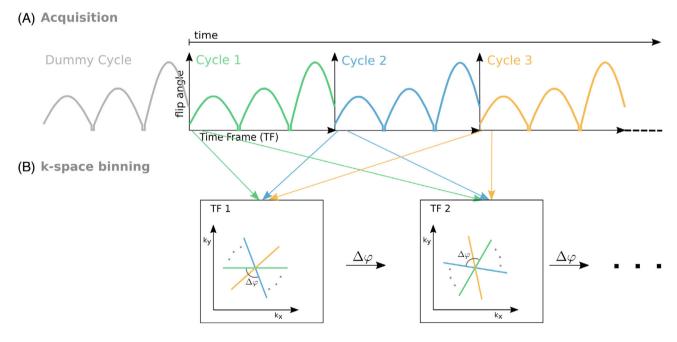


FIGURE 1 Overview of the acquisition of the proposed B1-MRF sequence: (A) The FA pattern is repeated several times (referred to as Cycle [CYC]) and a dummy CYC is played out prior to Cycle 1 to ensure the same initial magnetization at the beginning of each consecutive CYC. Each CYC contains 600 TR, referred to as TF. (B) Displays the k-space binning used for image reconstruction. For one TF, successive CYCs have a golden angle k-space increment of  $\Delta \phi = 111.25^{\circ}$ . From the last CYC of one TF to the first CYC of the next TF, an increment of 111.25° is also applied. The readout angle  $\theta$  is defined as  $\theta = (i_{CYC} + i_{TF} \cdot N_{CYC}) \cdot 111.25^{\circ}$ , where  $i_{CYC}/i_{TF}$  denotes the index of the CYC/TF and  $N_{CYC}$  is the number of cycles.

used for reception, as distortions of the rectangular pulse shapes used by the reference methods had been observed during the first 100 µs of the pulse when using the 32Rx array mode (Supporting Information Figure S1A). For B1-MRF, this effect is negligible because the RF amplitude is low during the first 100 µs. However, for consistency, the 1Rx mode was also used for the B1-MRF phantom experiments and the number of cycles was increased compared to the in vivo scans (see Table 1). The B1-MRF maps of the phantom scans were multiplied by a factor of 0.975, as a constant RF amplitude increase of 2.5% was observed after the first CYC of the MRF FA pattern (yellow line in Supporting Information Figure S1B). Note, that the Cycle was not used for reconstruction (dummy CYC). Tubes 1, 4, 7, 9, 14, and 18 of the Eurospin TO5 phantom<sup>35</sup> were inserted into a phantom holder filled with water and a gadolinium-based contrast agent (GBCA). The tubes are made of agarose doped with GBCA. T<sub>1</sub> reference values were acquired at 7T using an inversion recovery spin-echo echo-planar imaging sequence with adiabatic inversion pulses and nine different TI times ([25, 50, 100, 200, 400, 800, 1600, 3200, 4800]ms). T<sub>1</sub> was fitted per pixel with a three-parameter model  $(T_1, M_0, M_z \text{ after inversion})$ and analyzed over a region of interest (ROI) centered on the tubes, yielding T<sub>1</sub> times of [204, 504, 642, 835, 1195, 1692]ms.

In vivo scans were performed in the body according to an approved Institutional Review Board protocol and healthy subjects were scanned after written informed consent. The scans were performed on three subjects (two males and one female, 27–34 years, 18.1–27.5 kg/m²) using a commercial 32-element body array (MRI.TOOLS, Berlin, Germany) in 1Tx/32Rx mode with the shim setting optimized by the coil manufacturer.

#### 2.5 | Reference methods

To validate the accuracy of B1-MRF, phantom experiments were compared to a slow but precise 2D preparation-based method,  $^{36}$  hereafter referred to as PEX. For dynamic range evaluation, the linearity of B1-MRF over different nominal FAs was compared with satTFL, AFI, and BSS using the same phantom. satTFL and AFI measure the actual FA, while BSS measures the  $B_1^+$  field. To compare the results, we followed the approach of Pohmann and Scheffler and calculated the FA generated by a 250  $\mu$ s rectangular pulse with the measured peak  $B_1^+$  of BSS. For in vivo reference, satTFL was acquired during breath hold and an AFI with radial-phase encoding (RPE-AFI) was obtained during free breathing.

PEX was acquired with non-selective 0.5 ms long rectangular preparation pulses. Eleven images with different

varying preparation amplitude ( $u_{RF}$ ) from 0 V to 100 V in 10 V steps were acquired. Following the preparation pulse, a gradient spoiler was applied for 5 ms followed by a single line k-space readout for each image. Long TRs were used (6 s) to reach equilibrium magnetization before acquisition of the next k-space line. Further details on the PEX sequence and reconstruction are given in Supporting Information Note S1. Additional acquisition parameters for PEX and the other references are given in Table 1.

The  $B_1^+$  maps in the Results section were normalized to the square root of 1 kW of input RF power (unit:  $\mu T/\sqrt{kW}$ ), thus reflecting the  $B_1^+$  efficiency. In contrast, for theoretical considerations of the fingerprint evolution of B1-MRF and for experiments at different input power levels where no spatial variation is displayed, the actual FA are displayed in units of degrees. For B1-MRF, the actual FA varies throughout the 600 actual FAs, therefore we denote the maximum actual FA of B1-MRF as a single scalar value per voxel. The term  $\alpha_{\rm max}^{\rm nom}$  refers to the maximum *nominal* FA specified in the sequence protocol, while  $\alpha_{\rm max}$  refers to the measured maximum *actual* FA (cf. Figure 2A).

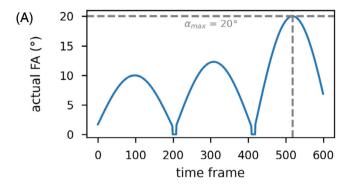
During in vivo acquisition, peak RF amplitudes were at or near the system maximum of 478 V (1Tx) for all acquisitions. A conservative power-controlled monitoring mode was employed for safety purposes, which limits the RF power per Tx channel.<sup>37</sup> The power limits correspond to worst-case 10 g averaged local SAR values according to IEC guideline limits. The in vivo scans reached 39%/1%/32% of the 10s limit and 7%/1%/80% of the 6 min limit for B1-MRF/satTFL/RPE-AFI.

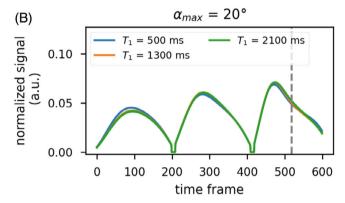
## 3 | RESULTS

## 3.1 | Signal sensitivity to $\alpha_{max}$ and $T_1$

Figure 2 evaluates the sensitivity of the MRF signal evolution to  $\alpha_{max}$  and  $T_1$ . The actual FAs that are experienced by the magnetization (Figure 2A) during the acquisition are plotted together with the fingerprint evolution for a fixed  $\alpha_{max} = 20^{\circ}$  and different  $T_1$  values (Figure 2B). The  $T_1$  examined are 500 ms, 1300 ms and 2100 ms. Figure 2C shows the evolution of the normalized fingerprint for a fixed  $T_1 = 1300$  ms and different  $\alpha_{max}$  in a low FA range. As can be seen qualitatively, changes in  $\alpha_{max}$  result in stronger changes in the normalized signal curve compared to changes in  $T_1$ . Focusing on the normalized signal difference at TF 518, corresponding to  $\alpha_{max}$ , an 8.0% signal decrease is observed from  $\alpha_{max} = 5^{\circ}$  to  $\alpha_{max} = 10^{\circ}$  and a 33.2% decrease is observed from  $\alpha_{max} = 5^{\circ}$  to  $\alpha_{max} = 20^{\circ}$ . For  $T_1$ , these normalized signal changes are relatively smaller

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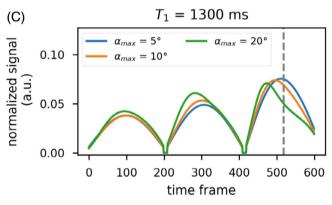


FIGURE 2 Sensitivity evaluation of B1-MRF. (A) The actual FAs experienced by the magnetization are position dependent. For this example, the actual FAs of a pixel are in the range of  $0^{\circ}$ – $20^{\circ}$ . For simplicity, the actual FA for B1-MRF is expressed as the maximum FA experienced by the magnetization ( $\alpha_{max}$ ). (B) For a fixed  $\alpha_{max}$ , the changes in signal magnitude for different  $T_1$  times are small compared to (C), where the  $T_1$  time is fixed and different  $\alpha_{max}$  are considered.

with an increase of 2.4% from  $T_1 = 500$  ms to  $T_1 = 1300$  ms and an increase of 6.0% from  $T_1 = 500$  ms to  $T_1 = 2100$  ms. Supporting Information Figure S2 shows the Cramér-Rao bound for  $T_1$  and  $\alpha_{\rm max}$ , which provides a more exhaustive evaluation over a larger parameter range. Supporting Information Figure S3 shows how a linear  $\Delta B_0$  gradient in the slice direction alters the signal curve. Mean deviations for  $\alpha_{\rm max} \leq 60^\circ$  were below 1.43% for a 50 Hz-range compared to 0 Hz.

### 3.2 | Phantom scans

Figure 3 shows the experimental validation of B1-MRF with the PEX method using the Eurospin TO5 tubes. For the PEX method, the fitting of the signal curve failed at the phantom edges where the FA is below ~70° for the maximum preparation voltage. In the phantom tubes, however, a quantitative comparison between both methods was feasible (see Figure 3A left). The results for both methods agree for  $\alpha_{\text{max}}^{\text{nom}}$ =30° as shown by the line plots and a mean difference of  $0.94 \pm 1.36 \,\mu\text{T}/\sqrt{\text{kW}}$  is observed over the area covered by PEX. For a quantitative analysis over a larger FA range B1-MRF was repeated with different nominal FAs (Table 1) and then compared with the corresponding values obtained by the PEX method (Figure 3B). PEX was acquired only once and provides the  $B_1^+$  field per square root of input RF power, from which the actual FA at the different  $\alpha_{\rm max}^{\rm nom}$  of B1-MRF was obtained as described in Supporting Information Note S1. FAs in the range of 0°-70° are considered for the analysis. The coefficient of determination ( $r^2$ ) in between the two methods for  $T_1 = [204, 503,$ 642, 834, 1194, 1691] ms is [0.998, 0.997, 0.999, 0.998, 0.995, 0.993], respectively. The slopes of a linear fit are [0.96, 0.96, 0.96, 0.95, 0.96, 0.94], resulting in a linear drift from left to right. For FAs < 10°, the mean absolute difference between the two methods evaluated per pixel in the ROIs is less than 4.92% when all tubes are evaluated separately. Only for the tube with  $T_1 = 1691$  ms a larger difference of 8.33% is observed. The tube with  $T_1 = 1691$  m also has the largest mean absolute difference for FAs > 50° of 5.00%, while all other tubes are below 3.86%. In the range  $10^{\circ} < \text{FA} < 50^{\circ}$ , the mean absolute differences are below 2.29% for each individual tube.

Figure 4 shows the linearity of B1-MRF, satTFL, AFI and BSS (Figure 4A-D) over an FA range of 0-100° where each pixel in the center of the tubes is evaluated (29 pixels per tube) for all tubes (i.e., all T<sub>1</sub> values). Here, as a reference, one scan of the same method was used in a range where the respective method is accurate. To obtain the scatter plot, the scan was repeated with different nominal FA (Table 1) and then the individual pixels (y-axis) are plotted against the reference scaled to the nominal FA (x-axis). The reference scan in Figure 4A was B1-MRF with  $\alpha_{max}^{nom}$ =30°, where the obtained FA values in a range from  $\alpha_{\text{max}} = 24^{\circ} - 60^{\circ}$  are in the range where B1-MRF is accurate (cf. Figure 3). B1-MRF scans with a different  $\alpha_{\text{max}}^{\text{nom}}$  value (e.g., 60°) were then obtained and compared to the B1-MRF reference scan, for which the reference scan was scaled by the ratio of the different  $\alpha_{\rm max}^{\rm nom}$  values (e.g., factor 2). For satTFL, AFI, and BSS (Figure 4B-D), a reference scan with a nominal preparation FA of  $\alpha^{\text{nom}}=60^{\circ}/80^{\circ}/60^{\circ}$  (satTFL/AFI/BSS) of the

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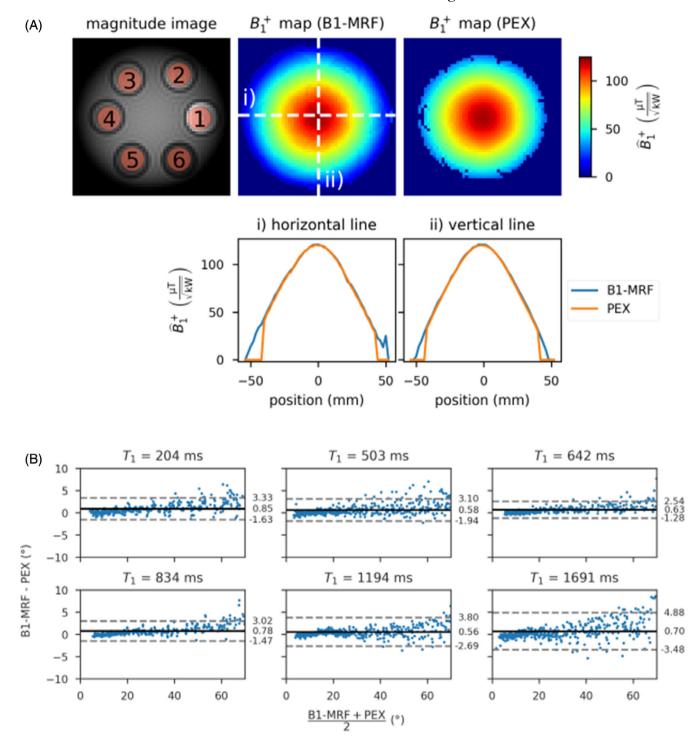


FIGURE 3 Validation of B1-MRF with a preparation-based reference (PEX) in tubes of the Eurospin TO5 phantom<sup>35</sup> with different  $T_1$  using a commercial head coil at 7T. (A) FA maps of the phantom for B1-MRF and PEX with a vertical and horizontal line plot. Mean difference of  $0.65 \pm 0.94^{\circ}$  in the area covered by PEX. (B) Bland–Altman plots of the two methods, where B1-MRF was acquired with 11 different nominal FAs and PEX was acquired only once and scaled accordingly. For  $T_1 = 204$  ms-1194 ms at  $\alpha_{max} < 10^{\circ}$ , the pixel-wise difference is  $< 2.99 \pm 8.06\%$  when each tube is considered separately ( $T_1 = 1691$  ms: Difference  $7.95 \pm 19.91\%$ ). In the range  $10^{\circ} < \alpha_{max} < 50^{\circ}$ , the deviations are below  $2.29 \pm 4.27\%$  for each individual tube.

respective method was selected which yielded a measured FA range of  $\alpha = 42^{\circ}-117^{\circ}/46^{\circ}-145^{\circ}/38^{\circ}-111^{\circ}$ . The measured FA range of the reference scan is in the range

where the method showed highest linearity. The reference scans were then multiplied by the ratio of the nominal FAs, as for B1-MRF. For satTFL, the readout FA was of

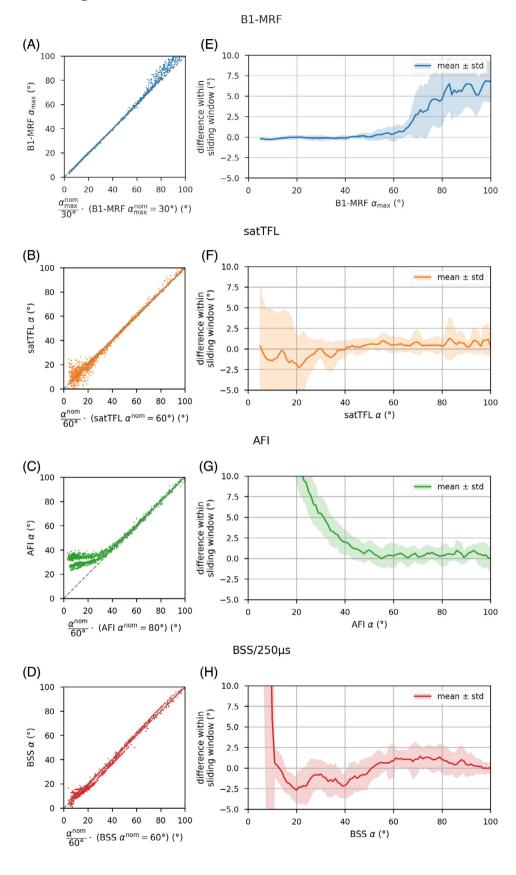


FIGURE 4 Linearity evaluation for B1-MRF, satTFL, AFI, and BSS in an FA range from 0° to 100°. (A-D) Measured data at different nominal FAs compared to a scan with a nominal FA that lies in the linear range of the method. The comparison scan was scaled with the factor in between nominal FA of the respective acquisition and the nominal FA of the comparison scan to create the plot. The reference scans were: B1-MRF with  $\alpha_{\text{max}}^{\text{nom}} = 30^{\circ}$  (measured  $\alpha_{\text{max}}$  range 24°-60°), satTFL with  $\alpha^{\text{nom}} = 60^{\circ}$ (measured  $\alpha$  range 42°-117°), AFI with  $\alpha^{\text{nom}} = 80^{\circ}$  (measured  $\alpha$  range 46°-145°), BSS (FA calculated for a 250 µs rectangular pulse) with  $\alpha^{\text{nom}} = 60^{\circ}$  (measured  $\alpha$  range 38°-111°). The dashed gray line is the identity line. B1-MRF (A) has good linearity at low FAs, while satTFL, AFI, and BSS (B-D) have good linearity at high FAs. (E-H) The mean  $\pm$  SD from the identity line in (A-D), where a rectangular sliding window of 3° width was applied. For B1-MRF (E) the deviation is  $<4.7 \pm 4.7$  in the range of 6-74°, while for satTFL, AFI, BSS (F-H), the deviations are up to  $16.4 \pm 108.2\%$ ,  $409.1 \pm 71.2\%$ ,  $1242.4 \pm 924.6\%$  in the same range, respectively. For  $50^{\circ} < FA < 100^{\circ}$ , the deviations of satTFL, AFI, BSS (F-H) are  $<1.8 \pm 3.1\%$ ,  $<2.0 \pm 2.7\%$ ,  $<2.0 \pm 3.4\%$ , respectively, while for 74° < FA <100 the deviation in B1-MRF (C) is up to  $7.9 \pm 4.5\%$ .

10% of the preparation FA and for BSS the readout FA was  $1.35^{\circ}/\mu$ T (nominal peak  $B_1^+$  of the Fermi pulse). For AFI, there is no additional readout pulse. Figure 4E–H

show the deviation from the identity line of Figure 4A–D, where a rectangular sliding window of 3° width was used for evaluation of the difference, resulting in mean  $\pm$  SD

values. The sign of the deviation was retained for the calculation of these values, enabling the visualization of the direction of the deviation. Focusing on the deviation, the B1-MRF approach shows linear behavior in a range of 6-74°, where the  $|\text{mean}| \pm \text{SD}$  is <4.7  $\pm$  4.7%. For the same range, the  $|\text{mean}| \pm \text{SD}$  for the reference methods is up to  $16.4 \pm 108.2\%/409.1 \pm 71.2\%/1242.4 \pm 924.6\%$ (satTFL/AFI/BSS). For FAs above 50°, the references appears linear with  $|mean| \pm SD$  deviations  $<1.8 \pm 3.1\%/2.0 \pm 2.7\%/2.0 \pm 3.4\%$ whereas **FAs** above 74°,  $|\text{mean}| \pm \text{SD}$  up to  $7.9 \pm 4.5\%$  are visible in B1-MRF. The upper boundary for which the deviation from the identity line evaluated by  $|\text{mean} \pm \text{SD}|$ is smaller for B1-MRF as for the references amounts to 61°, 65°, 67° compared to satTFL, AFI, BSS, respectively. A dynamic range is calculated with the condition  $|\text{mean} \pm \text{SD}| \le \epsilon$ , where the relative mean and SD are used (Supporting Information Figure S4). For  $\epsilon = 10\%$ , a dynamic range of 12.3(6°-74°) is observed for B1-MRF  $5.0(27^{\circ}-136^{\circ})/4.6(39^{\circ}-180^{\circ})/3.3(36^{\circ}-120^{\circ})$ satTFL/AFI/BSS, respectively.

Figure 5 examines the effect of the number of CYCs on the  $\widehat{B}_1^+$  map and the resulting artifacts are investigated for different resolutions. Maps are considered artifact free if no discontinuities are visible: (i) for individual pixels; and (ii) due to aliasing artifacts propagating from the undersampled MRF images to the  $\widehat{B}_1^+$  maps. Note that for the  $(1\times1)$  mm<sup>2</sup> resolution, TE/TR had to be increased to 3.5/7.0 ms due to peripheral nerve stimulation limits, as the protocol was set up to be applicable to in vivo

acquisitions. For a (4×4) mm<sup>2</sup> resolution, no artifacts are observed at 5 CYC. For  $(2 \times 2)$  mm<sup>2</sup> resolution, single pixel discontinuities are observed for 5 CYC, mostly appearing at the edge of the phantom. The artifacts disappear for  $\geq 5$  CYC. At  $(1 \times 1)$  mm<sup>2</sup> resolution, maps without artifacts are observed only for 13 CYC. For these measurements, the 1Rx birdcage receive mode of the coil was used with lower SNR at the edges of the phantom. A comparison between the 1Rx and the 32Rx mode, which provides higher SNR and which would be applied in-vivo, is provided in Supporting Information Figure \$5 for the  $(2 \times 2)$  mm<sup>2</sup> resolution. Note, that the MRF sequence is barely affected by the distortions during the first 100 us of the pulse shown in Supporting Information Figure S5. No artifacts are observed in the B1-MRF maps even at 5 CYC for a resolution of  $(2 \times 2)$  mm<sup>2</sup>.

### 3.3 | In vivo abdominal scans

Figure 6 shows the comparison with satTFL and RPE-AFI in the abdomen for three volunteers with different body mass index (BMI) values ([18.1, 25.5, 27.5]kg/m²) in  $\mu T/\sqrt{kW}$  (defined as  $\hat{B}_1^+$ ). Qualitatively, the highest agreement between the different approaches is observed for volunteer 1 (BMI=18.1 kg/m²). For volunteers 2 and 3 agreement can be observed in parts of the liver close to the coil elements where relatively higher  $\hat{B}_1^+$  is obtained, while discontinuities appear in low  $\hat{B}_1^+$  regions. These discontinuities, however, are less pronounced in the B1-MRF

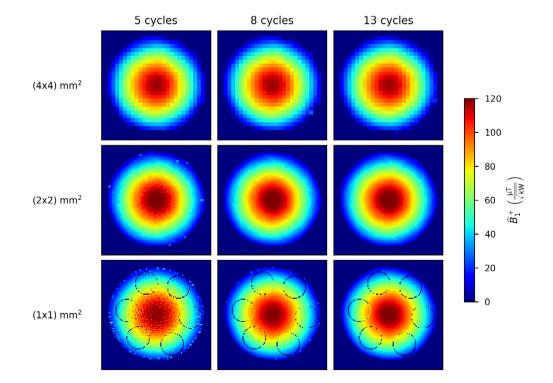
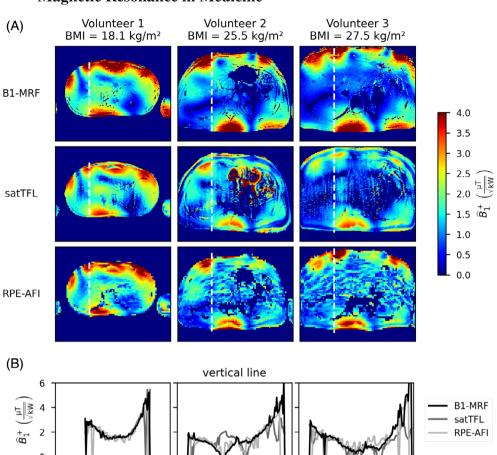


FIGURE 5 Effect of the number of cycles (CYCs) on B1-MRF maps at different resolutions. For (1×1) mm², TE/TR were increased to 3.5/7.0 ms due to peripheral nerve stimulation limits. Images on the diagonal and above appear free of artifacts (such as discontinuities in individual pixels or aliasing artifacts propagating from the undersampled MRF images to the maps).

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100

y position (mm)

100

FIGURE 6 In vivo abdominal scans at 7T for three volunteers for B1-MRF, satTFL. and RPE-AFI. (A) Maps are shown in  $\mu T/\sqrt{kW}$ . For volunteer 1 (18.1 kg/m<sup>2</sup>), a good agreement between the different approaches can be observed, as shown by the vertical line (B). For volunteer 2 and  $3 (\geq 25.5 \text{ kg/m}^2)$ , inconsistencies are visible in low FA regions of satTFL and RPE-AFI that are not visible in B1-MRF. In the line plot (B), this is evident in larger discrete jumps for satTFL and RPE-AFI compared to B1-MRF.

maps. The plot of the vertical line (Figure 6B) highlights the differences. For volunteer 2 and 3, larger discrete steps from one pixel to the next can be observed for satTFL and RPE-AFI compared to B1-MRF over the entire line. A large offset in between the methods occurs on the right side of the line plots where subcutaneous fat is located. Here, B1-MRF yields higher  $\hat{B}_1^+$  values compared to the reference methods. This is examined in more detail in Figure 7 for the back fat region. Supporting Information Figure S6A shows the T<sub>1</sub> map obtained by the B1-MRF matching step for volunteer 1. The map reveals elevated T<sub>1</sub> values (>2000 ms) in the center of the liver, which is inconsistent with findings of a 7T spectroscopy study reporting  $T_1 = 1362$  ms for the water peak of liver tissue.<sup>38</sup> The low sensitivity of the  $\hat{B}_{1}^{+}$  maps to mismatched  $T_{1}$  is shown in Supporting Information Figure S6. Here, an average bias of -1.50% in the  $\hat{B}_{1}^{+}$  maps is observed from the T<sub>1</sub> matched by B1-MRF to a T<sub>1</sub> of 1368 ms (Subfigure A). In addition, a simulation study (Subfigure B) was performed to estimate the effect of a mismatched  $T_1$  on  $\widehat{B}_1^+$  as a function of a  $T_1$ error from -50% to 50%. For  $\hat{B}_1^+ \le 1.5 \,\mu\text{T}/\sqrt{k\text{W}}$ , where the  $T_1$  estimation capability is reduced compared to higher  $\hat{B}_1^{\top}$ ,

100

200

a maximum  $\widehat{B}_1^+$  error of 4.1% was found for 1.5  $\mu T/\sqrt{kW}$  at a T<sub>1</sub> error of 50%.

Figure 7 displays a zoomed-in view of the high  $\hat{B}_{1}^{+}$ region on the back of the volunteers. Strong deviations of measured  $\hat{B}_{1}^{+}$  are observed in the different methods in the region close to the skin where subcutaneous fat is expected. The highest  $\widehat{B}_1^+$  values are observed for B1-MRF, followed by RPE-AFI, and the lowest  $\hat{B}_1^+$  values are observed for satTFL. Moving from posterior to anterior, satTFL and RPE-AFI first reflect an area of high  $\hat{B}_{1}^{+}$  values, followed by local minima before reaching higher  $\hat{B}_{1}^{+}$  again. In contrast, no local minima appear close to the skin for B1-MRF. Focusing on the maximum measured  $\hat{B}_1^+$  excluding the outermost skin layer, for volunteer 1 reveals values of 4.94  $\mu T/\sqrt{kW}$ , 3.78  $\mu T/\sqrt{kW}$  and 4.49  $\mu T/\sqrt{kW}$  for B1-MRF, satTFL, and RPE-AFI, respectively (volunteer 2:  $6.62 \,\mu\text{T}/\sqrt{\text{kW}}$ ,  $3.57 \,\mu\text{T}/\sqrt{\text{kW}}$ ,  $4.90 \,\mu\text{T}/\sqrt{\text{kW}}$ ; volunteer 3: 6.30  $\mu T/\sqrt{kW}$ , 3.59  $\mu T/\sqrt{kW}$ , 4.95  $\mu T/\sqrt{kW}$ ). On average, the maximum observed  $\hat{B}_{1}^{+}$  is 37% lower for sat-TFL and 18% lower for RPE-AFI compared to B1-MRF.

Figure 8 shows a quantitative comparison between the methods in a Bland-Altmann plot. For each volunteer, an

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FIGURE 7 Zoom on the high  $\hat{B}_1^+$  posterior region of Figure 6, where subcutaneous fat is located. The zoom region is marked by the red dotted line on the magnitude images in the first row. Strong differences are observed between the different methods, where the highest  $\hat{B}_1^+$  values are observed for B1-MRF, followed by satTFL and the lowest values are observed for RPE-AFI. B1-MRF uses 1.3 ms sinc pulses with a time-bandwidth product of 4, while satTFL and RPE-AFI use rectangular pulses of 1 ms and 0.5 ms, respectively. The rectangular pulses result in less fat proton excitation due to the 1 kHz off-resonance of the dominant fat peak. In addition, satTFL and RPE-AFI use Cartesian encoding, resulting in shifts along the frequency encoding direction for fat, whereas incoherent shifts of the radial encoding of B1-MRF are favorable in the presence of fat.

ROI (red area in the magnitude images) is defined within the liver and only pixels with non-zero  $\widehat{B}_1^+$  values in both methods are considered. The absolute mean difference is  $\leq 0.18 \,\mu\text{T}/\sqrt{\text{kW}}$  for all comparisons. The lowest SD between B1-MRF and the references is observed for volunteer 1 (satTFL: 0.22  $\mu$ T/ $\sqrt{kW}$ , RPE-AFI: 0.27  $\mu$ T/ $\sqrt{kW}$ ), while for volunteers 2 and 3, it is in the range of  $0.37 \,\mu\text{T}/\sqrt{\text{kW}} - 0.47 \,\mu\text{T}/\sqrt{\text{kW}}$  for satTFL and RPE-AFI. Focusing on the structure of the Bland-Altmann plots, the spread around the mean line is reduced for  $\hat{B}_1^+ > 2$  $\mu T/\sqrt{kW}$ , except for satTFL for volunteer 3, which shows a positive deviation from the mean line. To compare the agreement between high  $\hat{B}_1^+ > 2 \,\mu\text{T}/\sqrt{\text{kW}}$  and low  $\hat{B}_1^+ <$  $2 \mu T / \sqrt{kW}$ , an error  $\epsilon$  with the condition | mean  $\pm SD$  |  $\leq \epsilon$ can be obtained for each FA range where the relative mean and SD are calculated from the pixelwise difference to B1-MRF. The best agreement is obtained for volunteer 1, where limits of  $\epsilon_{\text{satTFL}} = 8.5\%$ ;  $\epsilon_{\text{RPE-AFI}} = 28.3\%$  for high  $\widehat{B}_1^+$  and  $\epsilon_{\text{satTFL}} = 25.7\%$ ;  $\epsilon_{\text{RPE-AFI}} = 48.5\%$  for low  $\widehat{B}_1^+$  is observed. The worst agreement of satTFL and RPE-AFI with B1-MRF was observed for low  $\hat{B}_{1}^{+}$  regions in volunteer 2 and 3 with  $50.7\% < \epsilon < 113.4\%$ , whereas for high

 $\hat{B}_1^+$  regions 14.7%  $< \epsilon <$  34.3% for those volunteers. For all volunteers, an increase of the limit  $\epsilon$  by a factor of 1.5–4.6 is observed going from high  $\hat{B}_1^+$  values to low  $\hat{B}_1^+$  values. Supporting Information Figure S7 provides statistical metrics of  $\hat{B}_1^+$ , including mean, SD, and interquartile range. A statistically significant difference (Mann–Whitney U test, p < 0.05) was found between the  $\hat{B}_1^+$  distributions of B1-MRF and satTFL/RPE-AFI in all comparisons, with the exception of the comparison between B1-MRF and satTFL for volunteer 1 (p = 0.44).

In Figure 9, the smoothness of the  $\widehat{B}_1^+$  maps is evaluated by the histogram of the gradients within two ROIs, where one is in a higher  $\widehat{B}_1^+$  area and one in a lower  $\widehat{B}_1^+$  area within the liver. The gradient is defined as the total differential and therefore a sum of the partial gradients  $d\widehat{B}_1^+ = \partial \widehat{B}_1^+/\partial x \cdot \Delta x + \partial \widehat{B}_1^+/\partial y \cdot \Delta y$  and is shown in Supporting Information Figure S8. A normal distribution with an additional scaling factor (so that the integral over the histogram does not have to equal 1) was fitted to the data. In the ROI of high  $\widehat{B}_1^+$  values, an SD  $\sigma \leq 0.105 \,\mu\text{T}/\sqrt{\text{kW}}$  is observed for B1-MRF across all volunteers,  $\sigma \leq 0.084 \,\mu\text{T}/\sqrt{\text{kW}}$  for satTFL and  $\sigma \leq 0.201 \,\mu\text{T}/\sqrt{\text{kW}}$  for

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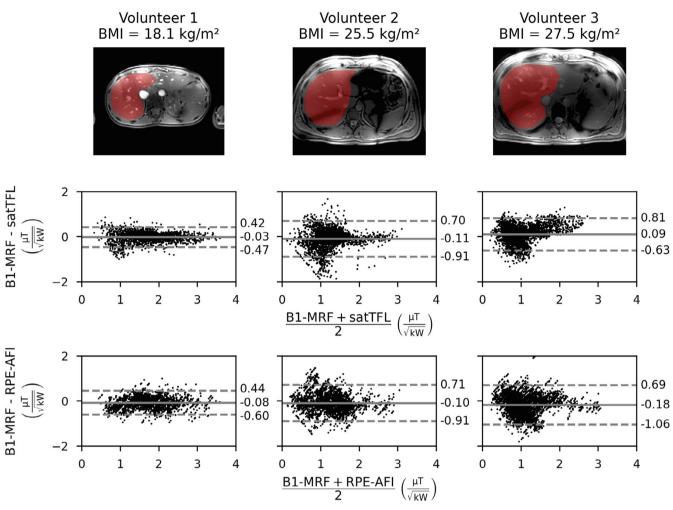


FIGURE 8 Quantitative comparison of  $B_1$ -MRF with satTFL and RPE-AFI in a Bland–Altman plot for the liver of all volunteers. The magnitude images in the top row show the ROIs in red. The absolute mean difference is  $\leq 0.18~\mu T/\sqrt{kW}$  for all comparisons. The lowest SDs are observed for volunteer 1 (satTFL:  $0.22~\mu T/\sqrt{kW}$ , RPE-AFI:  $0.27~\mu T/\sqrt{kW}$ ), while for volunteers 2 and 3, they are in a range of  $0.37~\mu T/\sqrt{kW} - 0.47~\mu T/\sqrt{kW}$  for both comparisons. In general, the SDs are lower for  $\hat{B}_1^+ > 2~\mu T/\sqrt{kW}$  compared to  $\hat{B}_1^+ < 2~\mu T/\sqrt{kW}$ .

RPE-AFI. In the ROI of low  $\widehat{B}_1^+$  values, mostly larger SDs are observed compared to the high  $\widehat{B}_1^+$  ROI, with a factor of 1.6–3.3 for satTFL, 1.0–1.8 for RPE-AFI, and 1.3 for B1-MRF volunteer 1. For B1-MRF, volunteers 2 and 3 have lower SDs in the low  $\widehat{B}_1^+$  ROI compared to the high  $\widehat{B}_1^+$  ROI by a factor of 0.7 and 0.8, respectively.

## 4 | DISCUSSION

In this work, an MRF-based  $B_1^+$  mapping sequence (B1-MRF) was developed and tested at 7T. The MRF signal curves show high sensitivity to changes in  $B_1^+$  at FAs < 20°, where previous approaches have low sensitivity. Phantom experiments validated B1-MRF's accuracy, showing a strong correlation with a very slow, yet precise reference method (PEX), across an FA range of 0–70°, evidenced by a mean coefficient of determination  $r^2 = 0.997$ . The practical applicability of B1-MRF was further demonstrated

through in vivo abdominal scans conducted in three volunteers during breath-hold. The resulting  $B_1^+$ -maps were compared with satTFL and RPE-AFI. For the volunteer with the lowest BMI (18.1 kg/m²), B1-MRF aligned closely with satTFL and RPE-AFI. However, for the two volunteers with higher BMIs ( $\geq 25.5 \text{ kg/m}^2$ ), the satTFL and RPE-AFI based  $B_1^+$ -maps showed inconsistencies in low  $B_1^+$  regions, while the B1-MRF results remained consistent across these areas.

A fundamental challenge in UHF body imaging is to accurately quantify FAs due to the typically lower  $B_1^+$  efficiency of multichannel transmit arrays for the human body compared to transmit arrays for the head, and large FA measurements are often constrained by limited RF power and SAR restrictions. Therefore, the B1-MRF method, with its high accuracy and precision at low FAs, is promising for several UHF body applications. One such application is safety validation through electromagnetic field simulation. Since SAR, and thus tissue heating, is

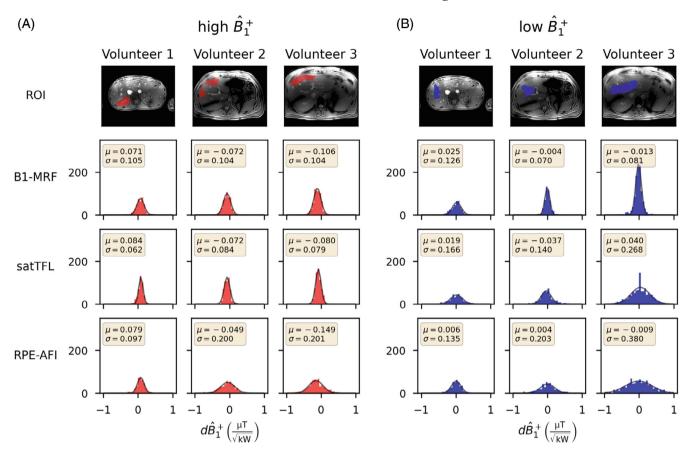


FIGURE 9 Histogram of the total differential over a high (A) and a low (B)  $\hat{B}_1^+$  ROI in the liver. The total differential is defined as the sum of the partial gradients  $d\hat{B}_1^+ = \partial \hat{B}_1^+/\partial x \cdot \Delta x + \partial \hat{B}_1^+/\partial y \cdot \Delta y$  and is shown in Supporting Information Figure S8. A normal distribution (black line) with an additional scaling factor (so that the integral over the histogram does not have to equal 1) was fitted to the data (red (A)/blue (B) bars). The x-axis shows the spatial change in  $\hat{B}_1^+$  and the y-axis shows how often the values occurred, with the data discretized into 40 bins from -1 to 1. In the high  $\hat{B}_1^+$  ROI (A), an SD  $\sigma \leq 0.105 \,\mu\text{T}/\sqrt{k\text{W}}$  is observed for B1-MRF across all volunteers,  $\sigma \leq 0.084 \,\mu\text{T}/\sqrt{k\text{W}}$  for satTFL and  $\sigma \leq 0.201 \,\mu\text{T}/\sqrt{k\text{W}}$  for RPE-AFI. In the low  $\hat{B}_1^+$  ROI, mostly larger SDs are observed compared to the high  $\hat{B}_1^+$  ROI, except for B1-MRF. Here, volunteers 2 and 3 have lower SDs in the low  $\hat{B}_1^+$  ROI compared to the high  $\hat{B}_1^+$  ROI by a factor of 0.7 and 0.8, respectively.

dependent on electromagnetic fields, accurate assessment is critical. While *E*-fields themselves cannot be measured directly in vivo,  $B_1^+$ -fields can be quantified by  $B_1^+$  mapping. These measurements can then be compared with simulation results to ensure safety,<sup>3</sup> where high accuracy of  $B_1^+$ -maps even in low FA regions is essential.<sup>39</sup> Another application is electrical property tomography, where electrical permittivity is encoded in the  $B_1^+$  amplitude. The precision of  $B_1^+$ -maps is important here, as a 1% error in the  $B_1^+$ -map can lead to a 20% bias in permittivity estimates, impacting clinical viability.<sup>40</sup>

The aim of this work was to investigate the feasibility and the accuracy of MRF-based  $B_1^+$  mapping, which was demonstrated using a combination of all Tx channels, rather than channel-wise mapping. However, although further investigations are needed, preliminary results using a hybrid approach suggest that this method is principally suitable for channel-wise  $B_1^+$  mapping.<sup>41</sup>

High accuracy and precision at low FAs of B1-MRF was demonstrated in the phantom experiments. In particular, a more than two-fold increase in dynamic range was found compared to satTFL, AFI, and BSS, which may be beneficial for applications with large  $B_1^+$  variation beyond body imaging at UHF, such as head-and-neck  $B_1^+$  mapping,<sup>42</sup> which traditionally rely on multiple  $B_1^+$ scans at varying reference amplitudes to achieve a greater dynamic range. The sensitivity analysis of the MRF signal evolution (Figure 2) and the Cramér-Rao bound (CRB) analysis (Supplementary Information Figure S2) show a high sensitivity to the FA across a large range, whereas the sensitivity to  $T_1$  is comparably low, since preparation pulses and additional delays in between subsequent cycles that are typically applied for T<sub>1</sub> quantification are omitted.<sup>25</sup> Complete T<sub>1</sub> insensitivity cannot be achieved in MRF due to the intertwined nature of the parameters. The CRB analysis shows an increasing T<sub>1</sub> sensitivity with higher  $B_1^+$ , implying that at low  $B_1^+$ , the influence of  $T_1$  is minimal and errors due to mismatched  $T_1$  are lower. This has been confirmed experimentally (Supporting Information Figure S6). In low  $B_1^+$  regions of the liver, B1-MRF  $T_1$  values differ significantly ( $T_1 > 2000 \, \mathrm{ms}$ ) from literature  $T_1$  values of the liver,  $T_1^3$  while regions near the coil where  $T_1^4$  is increased show results closer to such  $T_1$  values. This is consistent with the CRB analysis (Supporting Information Figure S2A), indicating a low  $T_1^4$  encoding capability at low FAs and suggesting a rather low sensitivity of  $T_1^4$  values to  $T_1^4$ . This rather low influence of  $T_1^4$  on  $T_1^4$  is experimentally confirmed in Supporting Information Figure S6 where a mean deviation of 1.5% was found for B1-MRF  $T_1^4$  maps in liver tissue due to  $T_1^4$  mismatch.

In vivo abdominal scans using B1-MRF show good agreement with satTFL and RPE-AFI in a low BMI subject. However, for individuals with higher BMI, reference methods display inconsistencies in low FA areas, in contrast to the typically smooth variations of the B<sub>1</sub> fields. This smoothness is quantified by lower SDs in B1-MRF's partial derivatives, despite its nominal FA values being lower (3 times and 1.33 times for satTFL and AFI, respectively). Substantial  $B_1^+$  discrepancies are observed near the subcutaneous fat layer due to the 1 kHz off-resonance of the dominant fat peak (Figure 8). To evaluate the effect of  $\Delta B_0$  off-resonance on different sequences, it is necessary to consider (i) the effect of  $\Delta B_0$  on spin excitation and (ii) the  $\Delta B_0$ -induced phase accumulation at readout. Regarding (i) the FA results obtained with satTFL and AFI are  $\Delta B_0$  dependent as these methods apply non-selective preparation pulses for  $B_1^+$  encoding. Bloch simulations (Supporting Information Figure S9) show that 1 ms and 0.5 ms rectangular pulses reduce the transverse magnetization at 1 kHz off-resonance by 96% and 21%, respectively, compared to on-resonant spins. B1-MRF, however, uses slice-selective  $B_1^+$  encoding, causing a 1.62 mm slice shift of the 5 mm slice for 1 kHz off-resonant spins with the 1.3 ms sinc pulse (tbw 4). Regarding (ii) for global  $\Delta B_0$  offsets in B1-MRF, the phase accumulates uniformly along the slice while the signal magnitude remains unchanged. When considering linear  $\Delta B_0$  ramps along the slice for B1-MRF, the signal magnitude can be affected due to out-of-phase isochromats at readout. However, for small linear  $\Delta B_0$ ramps (<15 Hz within 5 mm<sup>43</sup>), this effect is negligible for B1-MRF (Supporting Information Figure S3). The AFI and satTFL  $B_1^+$  maps are generated by dividing two signals/images with the same TE and are therefore unaffected by phase accumulation variations. These  $\Delta B_0$  considerations also apply to the  $\Delta B_0$  off-resonances of the water peak, which are expected to occur within  $\pm 400$  Hz in the body at 7T<sup>43</sup> (Supporting Information Figure S9).

Limitations of B1-MRF were observed at high FAs. For larger  $T_1$  values ( $T_1 = 1691 \,\text{ms}$ ), a decrease in accuracy was observed for FAs  $> 40^\circ$  for the phantom

experiment (Figure 3B). Within the phantom  $T_1$  range (204 ms to 1691 ms), both precision and accuracy decreased for B1-MRF at  $\alpha_{\rm max} > 70^{\circ}$ , whereas existing methods such as satTFL perform well in this range. This decrease in accuracy at high FAs is not reflected in the normalized CRB of  $\alpha_{\rm max}$  (Supplementary Information Figure S2) and could be explained by incomplete spoiling and resulting stimulates echoes that are not predicted correctly by the simulations. This effect can be reduced by reducing the nominal FA, which is usually not an issue compared to increasing the FA.

Another limitation of the current B1-MRF approach is the sensitivity to flow, that can be observed with varying intensity across all absolute 2D  $B_1^+$  mapping approaches.  $^{10-12}$  In 2D MRF, unsaturated spins that enter the slice will alter the fingerprints in a way that is not predicted by the MRF signal model. Transitioning to a 3D acquisition technique is expected to significantly mitigate this effect.

In the development of the B1-MRF technique, accurate characterization of the RF transmission chain proved to be critical for accurate  $B_1^+$  mapping. Pickup-loop measurements revealed distortions of the rectangular pulse shapes used in PEX during the first  $100\,\mu s$  in the 32Rx mode, which was absent in the 1Rx mode (Supporting Information Figure S1A). The use of the 1Rx mode reduced the offset between B1-MRF and PEX by 4.2%. The pick-up coil experiments also revealed a 2.5% drift in the RF amplifier during B1-MRF, which was subsequently corrected, as described in the Methods section. Correction for these systematic errors resulted in a high level of agreement between B1-MRF and PEX.

The MRF framework allows for considerable flexibility in sequence optimization. High undersampling factors are utilized to expedite data acquisition, with radial k-space readout being particularly beneficial due to its incoherent streak artifacts in undersampled images, 44 interpreted as noise in the MRF matching process. Similarly, this readout strategy is advantageous for 7T abdominal imaging, where off-resonance effects and object motion are prevalent. Unlike Cartesian sampling, radial readout causes shifts in different directions for each spoke, resulting in signal blurring that is more benign to the MRF matching process than uniform shifts. As demonstrated in Figure 5, varying the number of cycles (CYC) enables adjustment of the undersampling factor for different image resolutions. The employed FA pattern<sup>30</sup> has been effective for initial  $B_1^+$  encoding, but further optimization of the acquisition scheme $^{45-47}$  could enhance  $B_1^+$  sensitivity, also at higher FAs. For systems with higher peak RF power, the FA pattern could also be optimized with respect to SAR, which was not a limiting factor at our 8 kW system with a power-controlled supervision mode,<sup>37</sup> where the power per channel is limited. Additionally, using trajectories that cover a larger k-space area in one TF, like spiral trajectories, could improve B1-MRF efficiency, although this necessitates addressing gradient nonlinearities in sequence design and/or image reconstruction. 48

#### 5 | CONCLUSIONS

B1-MRF provides highly accurate and precise FA measurements, particularly in the 6°-74° range (maximum actual FA during MRF pattern) with a mean deviation of less than 5% from the reference measurement, making it well-suited for body imaging at 7T and beyond. Its increased sensitivity at low FAs, where previous methods have struggled, creates new opportunities in various applications, including safety validations, electrical properties tomography, and libraries for parallel transmission applications. The capabilities of B1-MRF address current challenges in UHF MRI and have the potential to push the boundaries of UHF body imaging.

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#### SUPPORTING INFORMATION

Additional supporting information may be found in the online version of the article at the publisher's website.

Figure S1. Results of the pick-up loop experiments with the commercial head coil (Head Coil 1Tx/32Rx, Nova Medical, Wilmington, MA, USA). (A) Longer rise times  $(\sim 100 \,\mu s)$  and phase variations  $(\sim 10^{\circ})$  were observed during the application of rectangular pulses in the A32 mode of the coil, which uses a separate 32-channel receive array. This effect was not observed in the V32 mode of the coil, where the transmit (Tx) birdcage coil is also used for signal reception and therefore that mode is used in this work, but worse SNR is expected at the edges of the phantom. We speculate that this effect is related to the switching circuitry of the Tx birdcage coil. (B) The RF pulses of the MR fingerprinting (MRF) FA train were sparsely sampled (every 10th pulse) and the sum over the positive main lobe was calculated for each pulse. This was then fitted with a constant scaling factor to the nominal MRF FA pattern and ΔAmplitude is the relative deviation from the measured to the nominal FA pattern. Two effects are observed: (i) an overall 2.5% increase in RF amplitude is observed from left to right, resulting in 2.5% higher FAs from cycle 3 onwards. Cycle 1 is the dummy cycle that is not used in the reconstruction, therefore the B1-MRF maps were corrected by this factor for the phantom experiments; (ii) Within a single cycle, differences of up to -11.4% are measured for low FAs while positive differences up to 1.8% are observed for high FAs. Initial attempts to correct the FA pattern of the MRF dictionary by the measurements of effect (ii) resulted in a reduced dot product for fully sampled B1-MRF scans (233 cycles), indicating a less accurate match between the measurements and the MRF dictionary. This observation suggests potential biases in the pickup loop experiments, such as reduced oscilloscope sensitivity at lower voltages or the effects of filtering.

**Figure S2.** Normalized Cramér–Rao bound (nCRB) in multiples of the variance of the Gaussian noise ( $\sigma^2$ ). Higher nCRB values correspond to a higher lower bound on the variance of a parameter estimate and thus to lower sensitivity (Supplementary Information Note S2). The plots in (A) and (B) can be compared as both show normalized variants of the CRB. In general, large nCRB/ $\sigma^2$  >105 are observed for T<sub>1</sub> > 400 ms for all  $\alpha_{\rm max}$  (Figure 2A) and thus low T<sub>1</sub> sensitivity. For  $\alpha_{\rm max}$  = 4°, smaller nCRB/ $\sigma^2$  values <61 are observed for all T<sub>1</sub> (Figure 2B), indicating relatively high sensitivity to  $\alpha_{\rm max}$ . Sensitivity to  $\alpha_{\rm max}$  increases with decreasing T<sub>1</sub> and local maxima appear for T<sub>1</sub> = 1300 ms at  $\alpha_{\rm max}$ =15° and for T<sub>1</sub> = 2100 ms at  $\alpha_{\rm max}$ =24°. For  $\alpha_{\rm max}$  >30° the nCRB appears almost constant and nCRB/ $\sigma^2$  < 13 for all T<sub>1</sub> values.

**Figure S3.** Influence of linear  $\Delta B_0$  variations of 0 Hz, 10 Hz, ... 100 Hz along the slice direction for  $T_1 = 1300$  ms. For linear variations below 50 Hz, i.e., a range from -25 Hz to +25 Hz across the nominal slice thickness, no changes are visible in the signal curves. For 100 Hz variations can be observed from time frame 500 on in the  $\alpha_{\rm max} = 60^{\circ}$  signal. For 50 Hz the mean signal deviation is 0.01%, 0.05%, 0.21%, 1.43% for  $\alpha_{\rm max} = 5^{\circ}$ , 10°, 20°, 60°, respectively, compared to 0 Hz.

**Figure S4.** Dynamic range evaluation of B1-MRF, sat-TFL, AFI, BSS. Data similar to Figure 4E–H. However, instead of absolute errors, relative errors are shown, and the y-axis shows the maximum of the mean  $\pm$  std. Values up to 170° are shown compared to 100° in Figure 4 to cover the full dynamic range of the references. The dashed gray line indicates the error limit of  $\epsilon = 10\%$  that was used for the dynamic range evaluation, where a dynamic range of 12.3 (6°–74°) is observed for B1-MRF (A) and 5.0 (27°–136°)/4.6 (39°–180°)/3.3 (36°–120°) for satTFL/AFI/BSS, respectively.

**Figure S5.** Comparison of the 1Rx (V32) and the 32Rx (A32) modes for a  $(2\times2)$  mm<sup>2</sup> resolution with different number of cycles in the phantom. For B1-MRF, the ramping effect observed in the rectangular pulses is not noticeable because sinc pulses with a duration of 1 ms are used, where only small RF amplitudes occur in the first  $100\,\mu s$  and little influence is expected. However, the 1Rx mode shows discontinuities in individual pixels for 5 cycles, mostly at the edge of the phantom, which do not appear in the 32Rx mode. This is due to the lower SNR of the birdcage coil (V32) at the edge of the phantom compared to the  $32\,\mu s$  array receive mode (A32).

**Figure S6.** Influence of  $T_1$  on the  $\hat{B}_1^+$  maps. (A) The first row shows the  $T_1$  and  $\hat{B}_1^+$  map of B1-MRF for volunteer 1. No reference was obtained for  $T_1$ , but in regions of higher  $\hat{B}_1^+$  amplitude (>2  $\mu T/\sqrt{kW}$ ) the  $T_1$  of B1-MRF of about 1000 ms ( $T_1$  of water peak of liver tissue at 7 T in

a spectroscopy study 1362 ms) seems plausible. However, in regions with lower  $\hat{B}_{1}^{+}$  (<2  $\mu$ T/ $\sqrt{kW}$ ) amplitudes, large T<sub>1</sub> values are observed that are not expected physiologically. To investigate the effect of a mismatched T<sub>1</sub>, the second row shows the resulting  $\hat{B}_{1}^{+}$  maps when only one  $T_1 = 1368.1$  ms is used in the MRF dictionary. To quantify the difference on the  $\hat{B}_1^+$  maps with only one  $T_1$  compared to the full dictionary, the same mask is applied over the whole liver as for the Bland-Altman in Figure 8. A mean offset of  $-0.02 \,\mu\text{T}/\sqrt{\text{kW}}$ , is observed between the full dictionary and T<sub>1</sub> of 1368 ms. In percentage terms, this results in an average bias of -1.5% for the  $\hat{B}_{1}^{+}$  map when each pixel is considered separately (overestimation of  $\widehat{B}_1^+$  due to  $T_1$  mismatch). Thus, using the  $T_1$  values from the spectroscopic study as ground truth  $(T_1 = 1362 \text{ ms})$  for liver tissue, an average overestimation of 1.5% in  $\hat{B}_1^+$  is expected for mismatched T<sub>1</sub>. To investigate the effect of a mismatched T<sub>1</sub> on the  $\hat{B}_{1}^{+}$  value over a wider  $T_{1}$  range, a simulation study is shown (B) where the fingerprint of  $T_1 = 1368.1$  ms (liver tissue) was matched to different dictionaries containing only one  $T_1$  value. The  $T_1$  difference to  $T_1 = 1368.1$  ms is then considered as the T<sub>1</sub> error and is displayed in % on the x-axis. The y-axis shows the deviation in % for different  $\hat{B}_{1}^{+}$  values. Experimental results (A) and CRB analysis (Supporting Information Figure S2) indicate that T<sub>1</sub> is less accurately quantified at lower  $\hat{B}_1^+$  magnitudes ( $\leq 1.5$  $\mu T/\sqrt{kW}$ ), which increases the likelihood of incorrect  $T_1$ determination in this range. Nevertheless, errors in T<sub>1</sub> estimation for low  $\hat{B}_{1}^{+}$  magnitudes result in relatively moderate  $\hat{B}_{1}^{+}$  errors of up to 4.1% for  $\hat{B}_{1}^{+}$  magnitudes  $\leq 1.5 \, \mu T / \sqrt{kW}$ . Conversely, at higher  $\hat{B}_{1}^{+}$  magnitudes, such as 4  $\mu T/\sqrt{kW}$ a maximum  $\hat{B}_1^+$  error of -8.1% is observed at a T<sub>1</sub> error of -50%. However, at these elevated  $\hat{B}_1^+$  magnitudes,  $T_1$  is quantified with greater accuracy (A), thereby minimizing the potential for significant  $T_1$ -related errors.

**Figure S7.** Statistical metrics of  $\widehat{B}_1^+$  over the liver. The same mask as in Figure 8 was applied. (A) shows boxplots, where the orange line shows the median and the box shows the interquartile range (IQR). The whiskers extend to 1.5x the IQR range from the box. Outliers are marked as circles. Differences between the distributions were evaluated statistically by a Mann–Whitney U test. Statistically significant results (p < 0.05) are denoted by a star (\*) and not statistically significant results are denoted by "NS." Mean, standard deviation and IQR for all volunteers are stated in (B).

**Figure S8.** Total differential (sum of partial gradients:  $d\hat{B}_1^+ = \partial \hat{B}_1^+ / \partial x \cdot \Delta x + \partial \hat{B}_1^+ / \partial y \cdot \Delta y$ ) for the different methods for all volunteers. Focusing on the liver, discontinuities can be observed in low FA areas of satTFL and RPE-AFI for volunteer 2 and 3, which are not expected for the usually smooth  $B_1$  fields.

**Figure S9.** Frequency response (B) of the pulses for the different methods for the in vivo scan where 90° FA is achieved at 0 Hz (A). The red dotted line in (B) marks the  $-1000\,\mathrm{Hz}$  off-resonance that is expected for the main fat peak at 7 T. Here, a deviation from 0 Hz of 8%, 96%, and 21% is observed for the sinc pulse (TBW4, 1.3 ms) (B1-MRF), a rectangular pulse of 1 ms (satTFL), and 0.5 ms (RPE-AFI), respectively. The gray shaded area marks the  $\pm 400\,\mathrm{Hz}$  region where the water signal is expected due to  $\Delta B_0$  inhomogeneities. Here, the deviation is <0.15%, <10.31%, <0.85% for the sinc pulse (TBW4, 1.3 ms) (B1-MRF), a rectangular pulse of 1 ms (satTFL), and 0.5 ms (RPE-AFI), respectively.

Note S1. PEX Reconstruction.

Note S2. MRF Sensitivity Cramér-Rao Bould Analysis.

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